## Be Still and Know that I am Lord. Psalm 42,10

As we step into a new month, let us look up to God and be still.

Most often we tend to play God and finally when things get too complicated for us to resolve, we resort to the help of God.

But God gives us very clear instructions well ahead to be still and to know that He is God.

Is it possible to be still? Yes it is possible, but very very difficult to be still and not to do anything. We may have thousand and one methods of doing things, but we can never cope being still.

Gideon took his paltry army of 300 soldiers amidst the Midianites spread before them like the sand of the sea. They walk into the battlefield with a mud pot, a flaming torch and a blow horn. Had the enemies seen their weapons they would have laughed and made mince meat out of them. But Gideon dared to go into the battle field with these weapons.

The Lord has already sent a dream and destroyed the morale of the Midianite army. The psychological fear in their hearts were aggravated by the sudden loud noise of the breaking of the pot, small flickering lights and the booming sound of the blow horn. They saw an invincible army, when in reality it was just 300 men.

It may be the same with us. A thousand may come on one side and ten thousand on the other, but we need not fear. We just have to look up to God, be still and let Him fight for us. He is Lord. He is Lord, not was Lord of Gideon. The Lord of Gideon is my God today. He is my Lord and He will fight for me, march ahead of me and rout my enemies, vanquish them completely. But I should be still and wait for Him to battle.

Sometimes we wage our battles in our own strength. We march in rights parade, write complaint letters after letters, petitions after petitions, lawyers after lawyers and finally when everything draws flak, we turn to the Lord.

S/He is wise who would first turn to God, be still at His feet and know that He is Lord. Let us seek the grace of God to be still, to keep praising and knowing HE IS GOD.

This is one of my favourite hymns. It is one of those songs that had sustained me through the dark night of my soul.

http://www.youtube.com/watch?v=c9zHn4QSH-8