

## **Eye the Lamp of the Body**

<sup>22</sup> “The lamp of the body is the eye. If therefore your eye is good, your whole body will be full of light. <sup>23</sup> But if your eye is bad, your whole body will be full of darkness. If therefore the light that is in you is darkness, how great *is* that darkness! Mathew 6: 22-24.

Whenever I read this verse I am really saddened. I grieve for the eyes that are hooked by so many psychedelic colours shining around. I grieve for the souls corrupted because of the eyes that were hooked.

When I write this I have young vibrant Christian youth, both men and women in mind. Today the church encourages them to do ministry, to lead worship and so on. But most often their inner soul health is neglected. This is very important.

There are many young men and women who have electric stage presence in church, are much applauded outside, yet hopelessly addicted to pornography, facebook, video/mobile games, unhealthy conversations with married people through sms/mobile.

Whom are we deceiving?

One of the scariest verses in the Bible is where Jesus said, “ He who rejects Me, and does not receive My words, has that which judges him—the word that I have spoken will judge him in the last day.” John 12, 48

You may think I have not rejected Jesus, I sing for Him, I preach, I minister, but read the word again, when you do not obey the word of Jesus, when you reject the word of Jesus you are rejecting Him.

The reason why I come to this topic again and again is that I know many young Christian men and women are severely addicted to pornography and are so scared to ask for help. I do not know whether churches address this issue. This is an embarrassing topic yes, but if we keep neglecting this one day it would explode. They are under pressure to keep their “holy” image in church intact so that they cannot ask help from anyone there. Neither can they go to non church friends because since they have this reputation of good Christian youth, they do not want them to know about their secret life.

Let me give you my definition of addiction - Whatever you do obsessively hiding it from others. Any thing that you do away from the eyes of parents/spouse/children will slowly push you into bondage.

I am always annoyed when people scurry out to take a call. To speak or sms late hours at night is very unhealthy and will lead to complicated relational problems.

People who watch pornography tend to practice and start having unnatural sexual liaisons.

Isn't what the Word says is so true? "But one is tempted by one's own desire, being lured and enticed by it; then, when that desire has conceived, it gives birth to sin, and that sin, when it is fully grown, gives birth to death. Do not be deceived, my beloved."  
James 1 : 14-16

This is so complicated. But my dear young friend if you are struggling with pornography, video games first thing is you have to truly desire to get out of the addiction.

The power of the Blood of Jesus has the power to break every bondage on earth and beyond. But first we should desire and long for deliverance. Without a willing heart we cannot receive deliverance.

Even Jesus could not do miracles in His town because the people there would not believe.

Let us see what Paul says. Paul literally cries out , "O wretched man that I am! Who will deliver me from this body of death? <sup>25</sup> I thank God—through Jesus Christ our Lord!"  
Romans 7 : 24-25

The answer is also right there : Jesus Christ our Lord.

You can never throw away your addiction by your own efforts or by attending some accountability program.

You have to desire deliverance and come to the Cross once again. When we are saved we think it is enough when we have once prayed for the forgiveness of sins. No we can come to the Cross every day, every moment.

This is a very very important verse. It personally helped me in dealing with bondages. Read the whole chapter – Romans 6.

<sup>12</sup> Therefore, do not let sin exercise dominion in your mortal bodies, to make you obey their passions. <sup>13</sup> No longer present your members to sin as instruments of wickedness, but present yourselves to God as those who have been brought from death to life, and present your members to God as instruments of righteousness. <sup>14</sup> For sin will have no dominion over you, since you are not under law but under grace.

The very same members that means your organs,(be it your eyes, tongue, feet, fingers) which once were instruments of wickedness, now should be submitted to God as instruments of righteousness.

Deliverance is an act of grace. But Paul clearly states that we have to first give up our instruments to be the instruments of righteousness. We have to also take a firm stand against our own addictions. Remember young Daniel, “firmly resolved not to eat from the King’s Table.” Daniel 1:8

This is my prayer for all those who lead double lives and hopelessly lost in the coils of pornography/incessant movie watching/videogame playing etc.

I pray that God will give us the grace to hate the thing that is coiling around our hearts and hiding the light of the Son. Let us plead for grace and resolve to stay in His deliverance. Let our eyes look heavenward, look up at the Dayspring of Heaven.

Lord deliver us Lord, lift our eyes up to the mountains Lord. Help us to look up and not low. Deliver us Lord...

Cry out : Rescue Me . Great song by Selah.

<http://www.youtube.com/watch?v=Pcd5dvh9jLM>